

JOEL VELAZQUEZ, LGPC, ESQ.

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EDUCATION:

University of Massachusetts-Boston

Master of Science, Mental Health Counseling, December 2019

University of North Carolina School of Law

Juris Doctor, May 2006

University of North Carolina at Chapel Hill

Bachelor of Arts, Economics, May 2003

EXPERIENCE

Aug.22- Present

National Anxiety and OCD Treatment Center; Clinical Associate

Provide adolescents and adults with anxiety disorders, obsessive-compulsive disorder, and related disorders with therapy using Cognitive Behavioral Therapy, Exposure and Response Prevention Therapy, and Acceptance and Commitment Therapy.

Sept.18- June 19

Advanced Behavioral Health; Mental Health Therapist Intern

Counseled children and families using various modalities for the treatment of mental health disorders including Generalized Anxiety, Depression, and Adjustment Disorders. Provided treatment at home and at school in both English and Spanish languages.

Feb. 07- August 22

Attorney

Contracted by top international law firms to support attorneys temporarily on legal matters, including the Foreign Corrupt Practices Act (FCPA), white collar criminal law, environmental tort litigation, civil litigation, and antitrust matters. Became familiar with complicated relevant facts and the finer points of intricate laws of cases quickly, identifying key aspects and reviewing complex documents. Expertise in cases involving Latin America that required fluent mastery of the Spanish and Portuguese languages. Assisted in cases where the financial ramifications ranged from ten million up to the hundreds of millions of dollars.

AFFILIATIONS:

Anxiety and Depression Association of America

International OCD Foundation

PROFESSIONAL DEVELOPMENT:

August 2022

CBT for Anxiety and OCD

12-credit Continuing Education course offered through Anxiety Training that covers assessment and treatment planning, anxiety and the brain, ERP, CBT, and medication for anxiety, as well as detailed trainings on all anxiety disorders and OCD

August 2022

Mastering the Cutting-Edge of CBT

3-credit Continuing Education course offered through Anxiety Training that covers “Third Wave CBT: Helping Your Clients Tolerate the Tough Stuff,” “What is Inhibitory Learning and How Do You Apply It to Anxiety and OCD,” and “Managing Treatment Resistance and Family Accommodation”

LANGUAGES:

Native/Fluent Spanish Speaker; Portuguese Reading Comprehension